

Invitation to crisis talks on 'The Future of Care Local'

We need you to become involved. Without your involvement, Care Local as it stands will not be in a position to continue to provide the level of service to older people in the community.

Tuesday 5th July from 6.30pm - 7.30pm in the Carmelite Centre in Aungier Street

Board Members of Care Local will present the funding challenges being faced and members of the Care Local Fundraising Advisory Committee will highlight a number of fundraising events taking place over the coming year.

Please RSVP to info@carelocal.ie or call (01) 612 8000

Docklands Book Sale

John Lonergan, President of Care Local, launched the 2nd Annual Docklands Book Sale, which was another community-cooperation success story. This year's sale had a remarkable turnout, well up on last year, so a big thank you to everyone for getting the word out.

Scotia Bank and RBS were this year's corporate volunteers and were helped by Care Local volunteers, those from the Docklands community and many others who just fancied lending a hand before and during the sale.

All proceeds will be shared amongst the members of the Docklands Senior Provider Forum, to help provide critical services in the Docklands area. Special thanks to Derek Murphy from the Docklands Senior Forum and Dónall Curtin from DDDA for also speaking at the launch.



From left: Docklands Senior Forum Chairman: Derek Murphy, Care Local CEO: Linda Desmond, Dublin Docklands Development Authority Board Member: Donall Curtin and Care Local President: John Lonergan..

In the running...



It's been an amazing month for the number of participants in marathons, mini or otherwise!

Stephen Olden went over the line at the Cork City Marathon and raised €800 from his colleagues in Scotia Bank. New volunteer Laura Buckley is in full-training for the Achill Half-Marathon and her fundraising efforts are already going strong on mycharity.ie. Care Local regulars gave the usual huge effort: Mairead Ni Craith, the Smith sisters, Malcolm Fraser's group, Patricia O'Neill and friends; Suzanne Horan; Mags Sheridan and friends; Gillian McEvoy and friends all joined us for the Flora Mini-Marathon in Dublin. We really have an energetic bunch of volunteers, well done and thanks to all for taking part.

HERO OF THE MONTH

John Sherwin

A whole news letter would be needed to describe all that John Sherwin has done as a volunteer for Care Local. As well as being a board member, he also implemented our new database and has started the Care Local Volunteer Network evenings with great success. However, we know that closest to John's heart is his friendship with Dorothy. John's care and attention during Dorothy's move to a supported-living centre has helped Dorothy adapt to her new situation with the comfort and support that only a real friendship provides.



Plate Pals

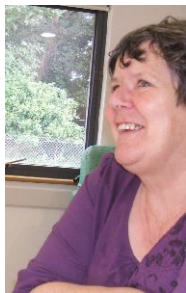


The Plate Pals program goes from strength to strength and has expanded to nursing-homes in Glasnevin and the Navan Road. Volunteers are trained to assist older residents at mealtimes by providing one-on-one encouragement and gentle support. As a result of the dedication of Plate Pals like Tony and Esther, real outcomes have come about. They have seen their residents Jane and Ann make great improvements in communication and general well-being. Volunteers are currently being recruited for Chapelizod and the Navan Road.

As the real benefit to the residents comes from familiarity with the volunteer, we hope for volunteers who feel they can commit to at least 12 months. For more info contact: (01) 612 8000/info@carelocal.ie

Staff corner: Margaret

Margaret O'Sullivan is involved in all aspects of Care Local's work but most valued is her dedication to our older people. Margaret is regularly out in the community accompanying older people to hospital appointments. She provides this service around her regular duties and it is a testament to her commitment and enthusiasm. Thank you Margaret for always going that extra mile to help those most in need.



Upcoming events

- 5th July
Care Local Emergency Meeting
- September
Howth Walk
- October
Dublin Marathon
Swear If You Care
- December
Christmas Carol-Singing

If you or your company would like to participate in any of these events this year or if perhaps you have an idea for an event of your own, please contact Linda Desmond. (01) 612 8000/ lindadesmond@carelocal.ie

Radio series now online

You can now listen to *Voices of Yesteryear*, a radio series made by Dublin City fm and Care Local, on our website. This series of six thirty-minute programs was made by older people for older people and covers a wide range of topics from dance-halls and cinemas to emigration and elder abuse. Log on to facebook to let us know what you think!



Donations are always welcome

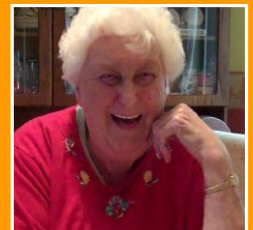
Online donations can be made at my-charity.ie, just search for 'Care Local' or follow the 'Donate now' link from our website. Cheques donations can be posted to our address as provided. Registered charity no. CHY08630

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Dublin 2
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Email: info@carelocal.ie
Web: www.carelocal.ie

Focus on Rita and Dave

"Sheila said to me, how would you be fixed for a man?"

I said I don't mind, I'm game for a laugh at anytime. So



David was sent to me and I have been very much at ease with him since."

"I go to different clubs and it's hard to get buses for where we go so he leaves me off and drops me home and he drops off another couple of ladies on the way too"



"We've had a good relationship for just over three years. When I started going to the club first I was conned into

calling the bingo numbers."

"I pop in and do a few bits and I'm on the end of the phone if she ever needs me. I'm only around the corner"

Remember, Care Local are on facebook. Support us by liking our page and keeping up with all the latest news.

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